The ideal foundation for swimming lessons

ToddlerSurvival

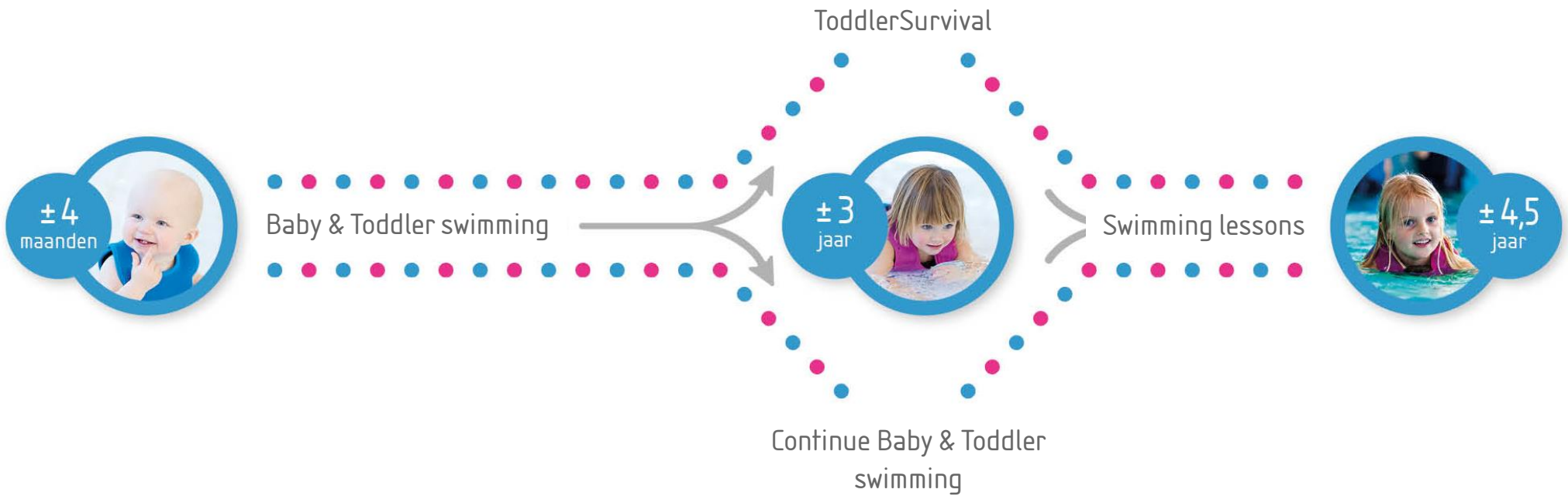
Main goals

1. Learn how to survive in the water at a young age
2. Wide preparation to start the swimming lessons

Program

1. Continuous learning
2. Conditions
3. How to teach a toddler?
4. Content of the lessons

Continuous learning

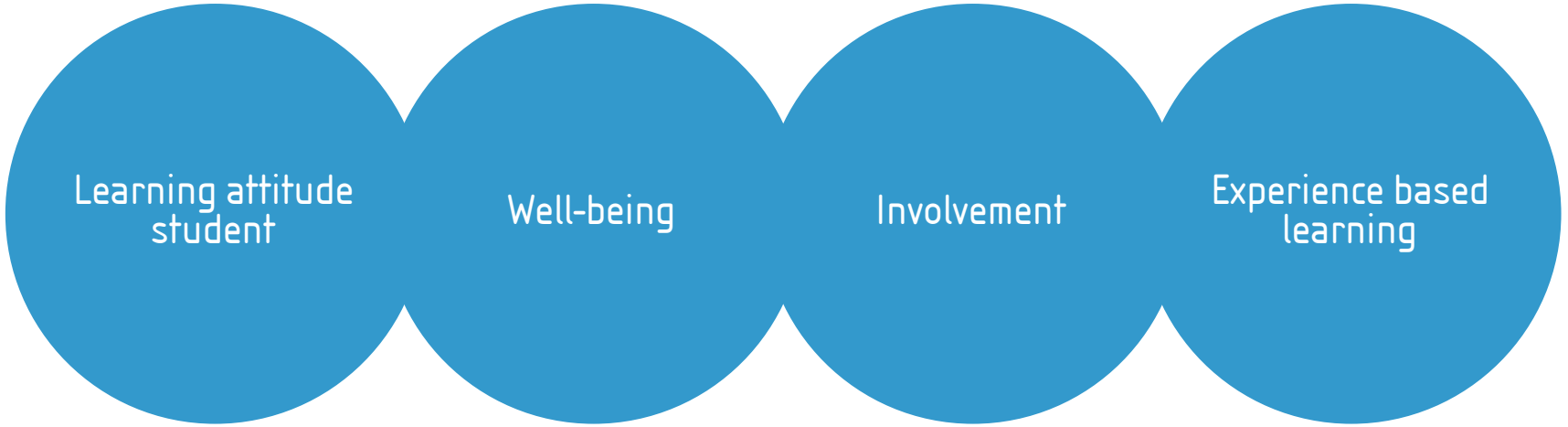


How to teach a toddler ?

This is a toddler

"I am big, I have skills and the entire world is about me!"

How to teach toddlers?



Learning attitude toddler

- Sensomotoric learning
- No boundaries
- Impulsive
- Challenge themselves
- Listening
- Fear

Well-being

- Safety (3x)
- Recognition
- Rigid
- Regression
- Adjust to abilities

Involvement

- Rich learning environment
- Creativity
- Relate to child's reality

Experience based learning

- Velcro principle
- Physical orientated
- Show and they will anticipate

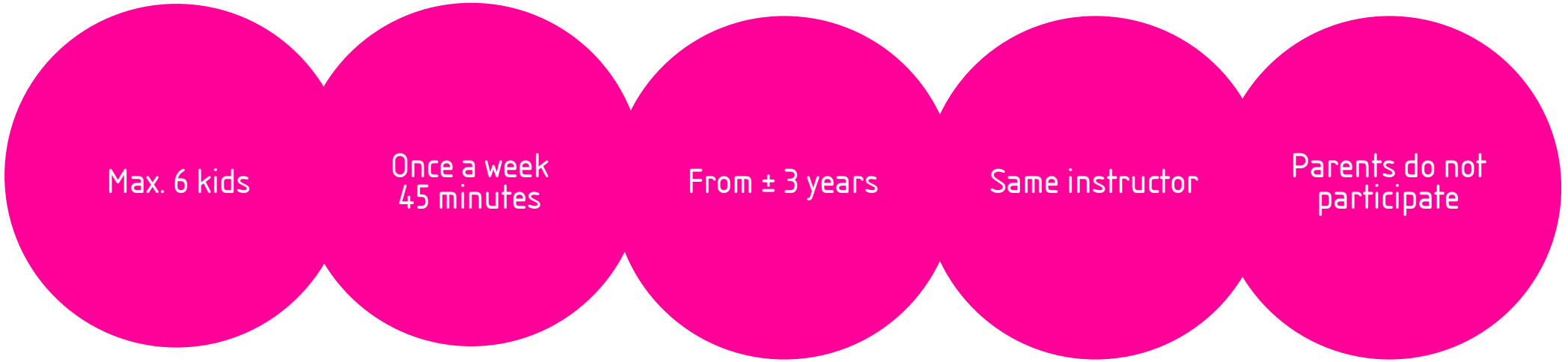
Content of the lessons

easyswim

Content of the lessons

1. Entering the water/being under water
2. Survival without EasySwim Pro
3. Floating
4. Moving

Conditions


Max. 6 kids
Once a week
45 minutes
From ± 3 years
Same instructor
Parents do not participate